#### **Junior Tennis**

#### **Quick Start Pee-Wee (Ages 3-5)**

Your child's first tennis experience establishes a foundation for hand-eye coordination, basic movement, and athletic skills. It's a fun filled introduction to the great lifetime sport of tennis.

#### Quickstart I (Ages 6-8)

A focus on introductory rallying skills and beginning stages of cooperative tennis. Students will learn how to initiate a rally, how to move and judge a ball, and racquet control.

#### Quickstart II (Ages 8-10)

Students learn basic tennis tactics & ath-letic skills while developing social skills & group attitudes. Students will be intro-duced to topspin and slice in point play as well as serves & return of serves.

#### **Future Stars (Ages 11-14)**

Students will refine their technical and tactical skills. Singles and doubles con-cepts will be introduced. Ball control exer-cises that improve consistency, direction and depth will be enhanced. Additional focus on drills that develop decision mak-ing skills, recovery and movement. Stu-dents will experience situational and com-petitive play. The development of an all court tennis player will be emphasized.

#### **High School Players**

For beginner to advanced beginner high school players. Focus will be on basic skills, patterns of play and match play with goal to reach the Tournament Player program.

#### **Tournament Players (Ages 11+)**

Designed for players that have reached or are striving to reach the competitive level including tournament and match play. There will be teaching of both technique and strategy for singles & doubles play. Enhanced teaching of specialty strokes and situa-tional practice will be emphasized. Teaching of mental strategy will be introduced.

# **Adult Tennis**

# **Play Groups/Leagues**

#### 2.5 Intro to Play

Tuesday 7-8:30 pm

#### 3.0 Men's Instructional Doubles

Thursday 7:00pm—8:30pm

### **Tournaments**

The DAC hosts a wide range of tournaments for adults and juniors. Please check the monthly newsletter for these events. Some tournaments require a USTA membership.



# **Clinics**

#### **Intro to Tennis**

Tuesday 5:30pm—6:30pm Wednesday 6:00 pm—7:00pm

#### **Adult Clinic & Drill**

2.5-3.0 Coed

Monday 6:00 pm—7:00pm

3.0 and Above Coed

Tuesday 9:30 am—10:30 am

## **Drop In Programs**

Our Drop In Programs are programs in which players sign up on a weekly basis at the Front Desk.

#### **Live Ball**

Monday, Coed 3.5 & Above, 9:30-11:00am Tuesday, Coed 3.5 & Above, 5:30-7:00pm

#### **Friday Fast Feed**

2.5 & Above, Friday 12:00-1:00pm

#### **Ball Machine Rental**

Regular court rates apply for ball machine usage on any open court. Complimentary usage with one-hour advance reservation.

# The Perfect Lesson Plan Private Lessons

	Member	Non-Member
1/2 Hour Les- son	\$38.00	\$42.00
Series of 6	\$216.00	\$240.00
1 Hour	\$72.00	\$78.00
Series of 6	\$408.00	\$444.00

#### **Semi-Private Lessons**

	Member	Non-Member
2 People	\$38.00	\$42.00
Series of 6	\$216.00	\$240.00
3 People	\$32.00	\$35.00
Series of 6	\$180.00	\$198.00
4 People	\$29.00	\$32.00
Series of 6	\$156.00	\$174.00

Notice: 24 hour cancellation notice is required or charges will be incurred on all private and semi-private lessons.

# Want to start playing tennis but don't know where to start?

Try a free evaluation/consultation with one of our tennis pros. A pro will assess your game, assign a rating, and suggest appropriate lesson programs. These evaluations are perfect for novice players. To register, contact our tennis staff at 217-423-7020.

#### Break a string?

The DAC offers a wide variety of strings. For prices and information on our strings, please see any DAC tennis pro.

# Open Court Time (Per person, Per hour)

#### **Prime Time**

Monday—Friday 8am—12pm & 4pm—8pm

Saturday 7am—12pm

Singles: \$15.00 Doubles: \$7.50

#### **Non-Prime Time**

All other times

Singles: \$10.00 Doubles: \$5.00

## **Cancellation Policy**

A 4 hour cancellation notice is required to avoid paying regular fees.

#### **Permanent Court Time**

Members may reserve a court for an entire season for a reduced rate.

All Days/Times:

Singles—\$13.50

Doubles-\$6.75

#### **Jr Court Rental Time**

Jr Members who are enrolled in a Jr Tennis program are eligible for a special court rate of \$20.00 per hour (\$10.00 singles/\$5.00 doubles/per person per hour). This program is designed to encourage the juniors to practice with others at a great court rate. Check the newsletter for more information.

# **Tennis Policy**

No black soled running shoes. Shirts and shoes are required while playing. Courts may be reserved up to 7 days in advance. All cell phones must be on mute.



Guide to youth and adult tennis programs!

1010 W. South Side Drive

Decatur, IL 62521

P: 217-423-7020

F: 217-423-7562

Www.decaturathleticclub.com



For more information about our

Tennis programs:

#### **Chuck Kuhle**

**Director of Tennis** 

**USPTA Master Professional** 

Chuck@dacfit.org

#### **Cory Sandgren**

USPTA Elite Professional Cory@dacfit.org